

## FACIAL TREATMENTS

Maintain results post-treatment with a tailored made facial treatment plan and your take-home prescription.

### Options Available:

**Calm** | **Hydrate** | **Anti-Ageing** | **Clear** | **Pigmentation**

### Express Facial 30min R335

The Express Facial treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums that can be given in as little as 30 minutes.

### Expert Facial 60min R670

This high-performance facial is the ultimate customised treatment to relax, replenish and deeply rejuvenate your skin.

Your Aqua Spa therapist will begin by conducting a skin assessment to establish your concerns and recommend a tailor-made facial. During your facial potent, active ingredients are infused into the skin to help correct and transform imperfections.

### Expert Active 60min R815

60-minute chemical peel and facial hybrid provides a guaranteed boost to your skin whilst addressing concerns of ageing, hyperpigmentation, and acne.

### Dermalux LED Facial Therapy

Get Ready To Glow! Dermalux LED Phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime.

From the first treatment, Dermalux instantly boosts the complexion to restore vitality and glow. Proven to boost collagen production, increase hydration, calm redness and irritation and treat blemish-causing bacteria.

### Dermalux: Single Session R400

Tailored to your skin concerns using red, blue, near-infrared light or a combination of all.

### Dermalux: Course Of 6 Sessions R1800

Delivered over 3 weeks - 2 sessions per week, ideal for low-level acne or mild redness.

### Dermalux: Course Of 12 Sessions R3000

Intensive protocol performed over 6 weeks - twice weekly. The best solution to treat severe acne, rosacea and ageing.

### Dermaplaning R300

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant and perfectly primed for a facial or peel.

### Face Mapping 60min R250

A professional skin analysis by one of our skin experts to determine the best course of treatment for your skin. Includes cleanse, exfoliation, moisturiser and sunblock application

## FACIAL ADD-ON MENU

**Only available when booking a facial treatment**

### Dermalux LED Therapy 20min R200

Dermalux LED Phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime. Dermalux can be combined with your facial treatment to enhance and accelerate results.

### Dermaplaning R150

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant and perfectly primed for a facial or peel.

### Bellabaci Facial Cupping 15min R50

Relieves sinus congestion, under eye bags, dark circles & headaches, it also restores facial resilience & promotes anti-ageing

### Lash & Brow Tint R120

### Brow/Lip/Nose/Ear/Chin Wax each R40

### Classic Manicure 60min R180

Exfoliation, cuticle work, buff, file, paint & hand massage

### Classic Pedicure 60min R210

Exfoliation, cuticle work, buff, file, hard skin removal, paint & foot massage

### Full Body Exfoliation 15min R180

Slough off dead skin cells to reveal radiant, glowing skin

### Back Exfoliation R45

### Foot/Hand Massage each 15min R110

### Sauna\* 30min R180

Enjoy a traditional dry-heat Finish Sauna to improve circulation & aid in detox. \*\*Price per person

### Floatation Pool\* 30min R180

Experience complete buoyancy in our high-salt content, body temperature pool to relieve both physical & mental stress and tension

\*\*Price per person

**\*only available at Aqua Spa @ 95 On Main**

## AESTHETIC & MEDICAL TREATMENTS

### Pepita Microdermabrasion R70 p/min

a micro-crystal skin exfoliation process to polish off dead, dull skin cells, leaving skin instantly smooth & radiant

**\*available at selected branches**

### Dermapen (Microneedling)

Microfine surgical needles pierce the skin to stimulate the body's natural wound healing ability which increases skin cell turnover and the production of stronger collagen and elastin. It also allows 80% more absorption of topical serums to target ageing, pigmentation, acne and wound healing

### Face / Décolleté R1 500

### Face & Neck R1 800

### Target Area R900

### Fractional Non-Ablative Laser R18 p/shot

Pulses of energy is supplied deep into the skin targeting pigment & renewing collagen to firm skin and stimulate further production of collagen and elastin. No down time is required

### IPL (Intense Pulsed Light) SQ

Designed to target redness caused by a weakened vascular system, treats uneven pigment and signs of ageing such as wrinkles and compromised skin elasticity. This treatment also provides semi-permanent hair removal of dark, unwanted body and facial hair

### Lamprobe SQ

A non-surgical treatment to remove non-malignant epidermal lesions such as cholesterol deposits, skin tags, cherry naevi and coarse facial veins to create flawless skin

### Chemical Peels SQ

Treating conditions such as acne, ageing, rough skin texture, and uneven colour. Providing healthier and more radiant skin

### Botox and Fillers\* SQ

To compliment your skincare treatments and address signs of ageing.

**\*Subject to availability**

## TREATMENTS FOR HIM

### Facial Treatment

Please refer to our facial section at the top of the menu.

**Gents facial treatments include a brow trim, ear & nose wax**

### Classic Men's Manicure 45min R170

Exfoliation, cuticle work, buff, file & hand massage

### Classic Men's Pedicure 45min R215

Exfoliation, cuticle work, buff, file, hard skin removal & foot massage

## LASH & BROW BAR

### TINTING – Colouring of eyebrow + eyelash hair

Brow Tint R75

Lash Tint R85

Lash & Brow Tint R150

Lash Lift incl. Lash Tint R450

### LASH EXTENSIONS

Classic Lash Extensions R300

2 Weeks fill R150

3 Weeks fill R200

Removal R120

## HAIR REMOVAL

### WAXING – Removal of unwanted hair using hot or cold wax

Brow/Lip/Chin/Nose/Ear each R60

Full Face (excl. nose) R205

Under Arms R110

½ Arm R120

Full Arm R160

½ Leg / ¾ leg R170 / R195

Full Leg (excl. bikini line) R225

Back/Chest Wax each R225

Bikini (anything outside bikini line) R120

G-String (just inside the bikini line) R170

Brazilian (everything except the "landing strip") R215

Hollywood (everything.) R260

## HAND & FOOT TREATMENTS

### MANICURES

<b>Express – For an on-the-go tidy</b>	<b>30min R170</b>
Cuticle work, buff, file & paint	
<b>Classic – For the full pamper</b>	<b>60min R225</b>
Exfoliation, cuticle work, buff, file, paint & hand massage	
<b>Gel-Polish</b>	<b>75min R325</b>
Classic Manicure including long lasting Gel Polish application	

### PEDICURES

<b>Express – For an on-the-run tidy</b>	<b>30min R195</b>
Cuticle work, buff, file & paint	
<b>Classic – For the full pamper</b>	<b>60min R270</b>
Exfoliation, cuticle work, buff, file, hard skin removal, paint & foot massage	
<b>Medi-Heel – Chemical Peel for your feet</b>	<b>60min R335</b>
Classic Pedicure including Medi-Heel Tonic hard skin removal	
<b>Gel-Polish</b>	<b>75min R345</b>
Classic Pedicure including long lasting Gel Polish application	
<b>Add-On Paraffin Wax Dip</b>	<b>15min R75</b>

### GEL POLISH – Long lasting, requires soak off to remove

<b>Application for hands / feet</b>	<b>60min R260</b>
Cuticle work, buff, file & long lasting Gel Polish application	
<b>Soak Off &amp; Tidy</b>	<b>30min R120</b>
Removal of gel polish, cuticle work, buff & file	
<b>Add-On Soak Off</b>	<b>15min R85</b>
**only applicable when booking a soak off with re-application	
<b>Nail Art (glitter/stamping)</b>	<b>R5 p/item</b>

## BODY THERAPIES

Swedish massage techniques are used to improve circulation, soothe tense muscles and encourage relaxation. (Soft, medium or deep pressure) **All massages are ended off with a scalp massage**

<b>Swedish Back, Neck &amp; Shoulder</b>	<b>30min R380</b>
<b>Swedish Back, Neck &amp; Shoulder</b>	<b>45min R450</b>
<b>Swedish Back Neck &amp; Shoulder</b>	<b>60min R500</b>
incl. Bellabaci Cupping	
<b>Swedish Full Body</b>	<b>60min R500</b>
<b>Swedish Back of Body</b>	<b>60min R500</b>
<b>Indian Head Massage</b>	<b>30min R325</b>
Deeply relaxing neck, shoulder, scalp & facial massage to ease muscle tension	
<b>Aqua Spa Signature</b>	<b>90min R650</b>
Experience ultimate relaxation with our signature combination of a Full Body Massage, Indian Head Massage and Hot Stone touch	
<b>Foot or Hand or Scalp</b>	<b>20min R160</b>
<b>Add-On Hot Stones</b>	<b>R70</b>
Heated Basalt stones release stress and tension and increase blood flow	
<b>Add-On Bellabaci Cupping</b>	<b>R70</b>
Soft silicone suction cups are incorporated into your massage to boost blood & lymph circulation, to aid in healing, detoxing, pain relief, and allows deeper penetration of Organic Bellabaci Genie	

### Full Body Exfoliation

**20min R225**

Slough off dead skin cells to reveal radiant, glowing skin. Ended off with a nourishing body butter application

### Full Body Scrub & Wrap (incl scalp massage)

**45min R430**

A body polish leaves skin glowing while a nourishing wrap feeds the skin. This glowing combination is rounded off with a relaxing scalp massage

## SPA THERAPIES

**\*Please note that these facilities are only available at Aqua Spa @ 95 On Main**

### Flotation Pool

**30min R220 / 60min R400**

Experience complete buoyancy in our high-salt content, body temperature pool to relieve both physical & mental stress and tension.

Safe during pregnancy

### Finnish Sauna

**30min R220**

Enjoy a traditional dry-heat Finish Sauna to improve circulation & aid in detoxification

### Rasul

A sugar scrub gently buffs away dead skin cells thereafter a muscle relaxing/detox mask is activated by herb-infused steam to boost circulation and aid in relaxation, ended off with a tropical rain shower to leave your body cleansed & rejuvenated. Our Rasul chamber can accommodate a maximum of four persons per treatment

**Per Person R300**

**Per Couple R560**

\*\* Spa packages are available upon request and are subject to availability

## STOCKISTS OF

**lamelle**  
Research Laboratories

**dermalogica**

**RapidLash**  
EYELASH AND EYEBROW ENHANCING SERUM

**bellabaci**

**.SKIN**  
cosmeceuticals

**HELIOCARE**

## SPA ETTIQUETTE

- Vouchers are available for all treatments incl. Monthly Promotions and are valid for 3 months from date of purchase
- A 50% non-refundable confirmation deposit is required to confirm bookings
- Appointments to be re-scheduled at least 8 working hours prior to treatment to avoid penalty fees
- Please arrive 15 minutes prior to scheduled time; late arrival will result in reduced treatment time
- An age restriction of 13 years is applicable to all treatments
- Prices valid till end March 2022

## CONTACT US

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### A Taste of Aqua Spa

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 Aqua Spa & Skin

 0663037735



## WE PROVIDE:

- Expert skincare & advice
- Medical skin treatments
- World class Day spa Facilities
- Luxurious body massages
- Sensational hand & foot treatments
- A variety of hair removal options

At Aqua Spa & Skin we believe in providing our clients with only the best in professional treatments and product selection.

Let our highly skilled staff accompany & guide you on your journey to more youthful, radiant skin and improved well-being.

Experience serene tranquillity at our various locations where treatments can be hand-picked to address your specific concerns and help you escape the busyness of everyday life.

## TRADING HOURS

Monday: 9h00 – 15h00

Tuesday – Friday: 9h00 – 17h00

Saturday: 9h00 – 14h00

Seasonal Trading Hours:

15 December – 10 January

Monday – Saturday: 08h00 – 18h00

Sunday: Closed  
Public Holidays: Closed (STC)