

SKIN TREATMENTS

Your Aqua Spa therapist will begin by conducting a skin assessment to establish your concerns and recommend a tailor-made facial. During your treatment potent, active ingredients are infused into the skin to help correct and transform imperfections.

Maintain results post-treatment with a tailored made skin treatment plan and your take-home PRESCRIPTION.

Expert Facial 60min R 710

This high-performance skin treatment is the ultimate customised treatment to relax, replenish and deeply rejuvenate your skin. (Includes extractions and massage)

Express Facial 30min R 355

The Express skin treatment includes bt-micro ultrasonic exfoliation creating high speed oscillations, leaving skin smooth and hydrated in as little as 30 minutes. (No extractions, no massage)

Teen Facial 60min R 500

The Teen Facial is a customized skin treatment for teenage skin types to clear pores with steaming, deep cleansing, extractions, exfoliation, facial mask, and we will teach them the importance of proper skincare, acne prevention and sun protection. All our teen facials end with a 20 min Dermalux LED phototherapy.

Skin Consultation 60min R 350

A professional in-depth skin analysis including bt-micro and face mapping by one of our skin experts to determine the best course of treatment for your skin. Includes cleanse, exfoliation, moisturiser and sunscreen application.

SKIN TREATMENT ADD-ON MENU

*Available when booking a skin treatment

Dermalux LED Therapy 20min R 150
Without Skin Treatment 30min R 300

Dermalux LED Phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime. Dermalux can be combined with your facial treatment to enhance and accelerate results.

Dermaplaning R 150
Without Skin Treatment R 300

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant, and perfectly primed for a facial or peel.

Lash & Brow Tint R 130

Brow/Lip/Nose/Ear/Chin Wax each R 40

AESTHETIC & MEDICAL TREATMENTS

Medical Consultation R 250

One of our professionally trained skin therapists will determine your skin needs and the best suitable medical treatment plan.

Pepita Microdermabrasion R 75 p/min

A micro-crystal skin exfoliation process to polish off dead, dull skin cells, leaving skin instantly smooth, radiant and refines texture.

*available at selected branches

AESTHETIC & MEDICAL TREATMENTS

Microneedling (Dermapen)

Microneedling surgical needles pierce the skin to stimulate the body's natural wound healing ability which increases skin cell turnover and the production of stronger collagen and elastin. It also allows 80% more absorption of topical serums to target ageing, pigmentation, acne and wound healing. Level up your Microneedling with UBêR peel application.

Face / Décolleté R 1 500
Face & Neck R 1 800
Target Area R 900
UBêR Peel add on R 200

Jet Plasma

Jet Plasma is the most advanced state-of-the-art technology that brightens, tightens, & remodels the cellular structure of the skin from the inside out while building collagen. It is highly effective with long-lasting results. This treatment is non-surgical, non-invasive, and has zero downtime. Each treatment is a cycle of 3 x 15 minute sessions.

Face / Décolleté R 4 500
Neck R 3 500

IPL (Intense Pulsed Light)

Designed to target redness caused by a weakened vascular system, treats uneven pigment and signs of ageing such as wrinkles and compromised skin elasticity.

Face / Décolleté R 1 300
Face & Neck R 1 500
Target Area R 500

Lambrobe

A non-surgical treatment to remove non-malignant epidermal lesions such as cholesterol deposits, skin tags, cherry naevi and coarse facial veins to create flawless skin

Initial Consult and 15 min treatment time R 650

Chemical Peels

Your Aqua Spa therapist will begin by conducting a skin assessment to establish your concerns and recommend the best suitable chemical peel for your skin. Treating conditions such as acne, ageing, rough skin texture, and uneven colour. Providing healthier and more radiant skin.

Lacti-Firm 30/10 OR 90/10 R 490 / R 590
(Lunch hour hydrating peel)

Ricebran Peel R 590
25 – 40 age prevention peel, downtime of +- 5 days and definite shedding of skin)

Beta Peel Plus OR 20% R 400 / R 540
(Pigmentation and breakout acne skin)

Retistore OR Plus R 1030 / R1 180
(Skin ageing correction peel, downtime of +- 5 days and definite shedding of skin)

TCA R1 000
(Aged sun damaged skin, downtime of +- 5 days and definite shedding of skin)

Add On Retinol - level up your peel performance R 60
Add on TCA - spot treatment on pigmentation R 30

Botox and Fillers *

o Compliment your skincare treatments and address signs of ageing.

*Subject to availability

SKIN LEVEL-UP COMBINATION TREATMENTS

Get Ready To Glow!

The Power of Three 90min R 750

This 90-minute powerful combination is a tailor-made skin treatment including facial peel, dermaplaning and Dermalux LED phototherapy

Facial Peel Therapy 60min R 650

The 60-minute facial peel therapy includes a chemical peel, serum and mask infusion with bt-micro addressing concerns of ageing, hyperpigmentation, and acne.

Dermalux LED Peel Therapy 60min R 650

The peel and Dermalux combination will instantly restore vitality and glow. Proven to boost collagen production, increase hydration, calm redness and irritation and treat blemish-causing bacteria.

Dermaplaning Facial Peel Therapy 60min R 650

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant, and perfectly primed for either Lacti-Firm or Beta peel application.

TREATMENTS FOR HIM

Facial Treatment

Please refer to our facial section at the top of the menu.

Gents facial treatments include a brow trim, ear & nose wax. Gents must please arrive pre-shaved.

Classic Men's Manicure R 180

Exfoliation, cuticle work, buff, file & hand massage

Classic Men's Pedicure R 230

Exfoliation, cuticle work, buff, file, hard skin removal & foot massage,

LASH & BROW BAR

Brow shape & wax R 65

Brow shape, wax & tint R 140

Brow tint R 80

Lash Tint R 90

Lash & Brow Tint R 160

Lash Lift incl. Lash Tint R 450

STOCKISTS OF

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cosmeceuticals

HELIOCARE

INNOVITA
PHARMACEUTICALS

BARE
Peptide Collagen

lashscara
GEL-IT

bellabaci
KISS OF WELLNESS

RapidLash
HYPER-RESTORATIVE LASHES

HANNON

Fragrant
House

footlogix
PEDICUTEALS

MD
Make-up designory

HAIR REMOVAL

Removal of unwanted hair using hot or cold wax

WAXING

Brow/Lip/Chin/Nose/Ear (each)	R 65
Full Face (excl. nose)	R 220
Under Arms	R 115
½ Arm	R 130
Full Arm	R 170
½ Leg / ¾ leg	R 180 / R200
Full Leg (Excl. bikini line)	R 240
Back/Chest Wax (each)	R 240
Bikini (anything outside bikini line)	R 130
G-String (just inside the bikini line)	R 180
Brazilian (everything except the "landing strip")	R 230
Hollywood (everything)	R 275

PERMANENT AND SEMI-PERMANENT HAIR REMOVAL

IPL (Intense Pulsed Light)

This treatment provides semi-permanent hair removal of dark, unwanted body facial hair.

Lip/Chin	R 200
Full Face	R 1 300
Under Arms	R 350
½ Leg / ¾ leg	R 1400 / R 1 600
Full Leg (excl. bikini line)	R 1 800
Back/Chest (each)	R 2 400
Bikini (anything outside bikini line)	R 300
G-String (just inside the bikini line)	R 400
Brazilian (everything except the "landing strip")	R 500
Hollywood (everything.)	R 650

ELECTROLYSIS	R 75 p/min
Needle	R 65

During electrolysis hair removal a thin insulated probe is inserted into the hair follicle and removing unwanted hair by permanently killing the hair root with an electric current.

HAND & FOOT TREATMENTS

MANICURES

Classic	R 240
Hand soak, exfoliation, cuticle work, buff, file, paint & hand massage	

Gel-Manicure	R 340
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Classic Manicure including long lasting Gel Polish application

Nourished hand treatment	R 320
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Classic Manicure including paraffin wax dip

PEDICURES – please wear open shoes for toenails

Classic	R 280
Exfoliation, cuticle work, buff, file, hard skin removal, paint & foot massage	

Medi-Heel – Chemical Peel for your feet	R 420
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Classic Pedicure including Medi-Heel Tonic hard skin removal and nourishing paraffin wax dip.

Gel-Pedicure	R 360
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Classic Pedicure including long lasting Gel Polish application

HAND & FOOT TREATMENTS CONTINUE

EXPRESS MANICURES / PEDICURES

Express Manicure	R 180
Cuticle work and nail paint.	

Express Pedicure	R 206
Cuticle work and nail paint.	

GEL POLISH – Long lasting, requires soak off to remove (excludes manicure or pedicure)

Application for hands / feet	R 270
Cuticle work, buff, file & long-lasting Gel Polish application	

Soak off & Tidy	R 130
Removal of gel polish, cuticle work, buff & file	

Add-On Soak Off	R 90
**only applicable when booking a soak off with re-application	

BODY THERAPIES

Swedish massage techniques are used to improve circulation, soothe tense muscles, and encourage relaxation. (Soft, medium, or deep pressure) **All massages are ended off with a scalp massage**

Aqua Spa Signature 90min R 680

Experience ultimate relaxation with our signature combination of a Full Body Massage, Indian Head Massage and Hot Stone touch.

Swedish Back, Neck & Shoulder 45min R 470

Swedish Back Neck & Shoulder 60min R530

incl. Bellabaci Cupping or Hot Stone touch

Swedish Full Body 60min R 530

incl. Bellabaci Cupping or Hot Stone touch

Indian Head Massage 30min R 340

Deeply relaxing neck, shoulder, scalp & facial massage to ease muscle tension

Full Body Exfoliation 20min R 240

Slough off dead skin cells to reveal radiant, glowing skin and application of nourishing body butter.

Add on Express Pedicure 30min R 200

For an on-the-run tidy includes cuticle work, buff, file & paint and nourishing body butter application

TRADING HOURS

Monday: 9h00 – 15h00	<u>Seasonal Trading Hours:</u>
Tuesday – Friday: 08h30 – 16h30	15 December – 10 January
Saturday: 9h00 – 14h00	Monday – Saturday: 08h00 – 18h00

Sunday: Closed

Public Holidays: Closed (STC)

SPA ETTIQUETTE

- Vouchers are available for all treatments including Monthly promotions and products.
- A 50% nonrefundable confirmation deposit is required to confirm bookings
- Appointments to be re-scheduled at least 8 working hours prior to treatment to avoid penalty fees
- Please arrive 15 minutes prior to scheduled time; late arrival will result in reduced treatment time
- An age restriction of 13 years is applicable to all treatments
- Prices valid till end March 2024

CONTACT US

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[i Aqua Spa & Skin](https://www.instagram.com/aquaspa_sa)

www.aquaspa.co.za



WE PROVIDE:

- Expert skincare & advice
- Medical skin treatments
- Luxurious body massages
- Sensational hand & foot treatments
- A variety of hair removal options

At Aqua Spa & Skin we believe in providing our clients with only the best in professional treatments and product selection. Let our highly skilled staff accompany & guide you on your journey to more youthful, radiant skin and improved well-being. Experience serene tranquillity at our various locations where treatments can be hand-picked to address your specific concerns and help you escape the busyness of everyday life.