

SKIN TREATMENTS

Expert Facial 60min R 740

This high-performance skin treatment is the ultimate customised treatment to relax, replenish and deeply rejuvenate your skin. (Includes extractions and massage)

Express Facial 30min R 370

The Express skin treatment includes bt-micro ultrasonic exfoliation creating high speed oscillations, leaving skin smooth and hydrated in as little as 30 minutes. (No extractions, no massage)

Teen Facial 60min R 500

The Teen Facial is a customized skin treatment for teenage skin types to clear pores with steaming, deep cleansing, extractions, exfoliation, facial mask, and we will teach them the importance of proper skincare, acne prevention and sun protection. All our teen facials end with a 20 min Dermalux LED phototherapy.

Skin Consultation 60min R 370

A professional in-depth skin analysis including bt-micro and face mapping by one of our skin experts to determine the best course of treatment for your skin. Includes cleanse, exfoliation, moisturiser and sunscreen application.

AESTHETIC & MEDICAL TREATMENTS

Medical Consultation R 250

One of our professionally trained skin therapists will determine your skin needs and the best suitable medical treatment plan.

Pepita Microdermabrasion From R375

A micro-crystal skin exfoliation process to polish off dead, dull skin cells, leaving skin instantly smooth, radiant and refines texture.

***available at selected branches**

Lambrobe

A non-surgical treatment to remove non-malignant epidermal lesions such as cholesterol deposits, skin tags, cherry naevi and coarse facial veins to create flawless skin

Initial Consult and 15 min treatment time R 700

IPL (Intense Pulsed Light)

Designed to target redness caused by a weakened vascular system, treats uneven pigment and signs of ageing such as wrinkles and compromised skin elasticity.

Face / Décolleté R 1300
Face & Neck R 1500
Target Area R 500

Jet Plasma

Jet Plasma is the most advanced state-of-the-art technology that brightens, tightens, & remodels the cellular structure of the skin from the inside out while building collagen.

It is highly effective with long-lasting results. This treatment is non-surgical, non-invasive, and has zero downtime. Each treatment is a cycle of 3 x 15 minute sessions.

Face / Décolleté R 4 500
Neck R 3500
Face & Neck R 6800

AESTHETIC & MEDICAL TREATMENTS

Microneedling (Dermapen)

Microfine surgical needles pierce the skin to stimulate the body's natural wound healing ability which increases skin cell turnover and the production of stronger collagen and elastin. It also allows 80% more absorption of topical serums to target ageing, pigmentation, acne and wound healing. Level up your Microneedling with UBêR peel application.

Face / Décolleté

Face & Neck

Target Area

UBêR Peel add on

R 1 500

R 1 800

R 900

R 200

Chemical Peels

Your Aqua Spa therapist will begin by conducting a skin assessment to establish your concerns and recommend the best suitable chemical peel for your skin. Treating conditions such as acne, ageing, rough skin texture, and uneven colour. Providing healthier and more radiant skin.

Lacti-Firm 30/10 OR 90/10

(Lunch hour hydrating peel)

R 520 / R 620

Ricebran Peel

25 - 40 age prevention peel, downtime of +- 5 days and definite shedding of skin)

R 620

Beta Peel Plus OR 20%

(Pigmentation and breakout acne skin)

R 420 / R 570

Retistore Plus

(Skin ageing correction peel, downtime of +- 5 days and definite shedding of skin)

R 1180

TCA

(Aged sun damaged skin, downtime of +- 5 days and definite shedding of skin)

R1 000

Add On Retinol - level up your peel performance

R 70

Add on TCA - spot treatment on pigmentation

R 40

SQT

The SQT Treatment enhances collagen production, diminishes dark spots, and revitalizes the skin's texture and appearance. This procedure involves the application of a biological microneedling solution that specifically targets problem areas. Bio Needling plays a crucial role in preserving and rejuvenating the skin's health and aesthetic appeal.

SQT Anti-Ageing

The treatment aims to smooth wrinkles, firm skin whilst lifting and remodelling. Improves skin elasticity and rejuvenates from within.

R 2000

SQT Revitalize

The treatment aims to refine skin tone and texture, even the skin tone, fade melanin and pigment and give an overall rejuvenated appearance.

R 1200

SQT Resurfacing

R 1200

This treatment will help to improve acne prone skin, Improve P acnes bacteria, Fade acne marks and scarring as well as working on textural issues

STOCKISTS OF

lamelle
Research Laboratories

.SKIN
cosmeceuticals

HELIOCARE

INNOVITA
PHARMACEUTICALS

BARE
Pepita Collagen

ash-scara

bellabaci
KISS OF WELLNESS

RapidLash
EYE CARE

HANNON

Fragrant
House

CEL-IT

footlogix
PEDICUTICALS

MJD
Make-up designory

SKIN LEVEL-UP COMBINATION TREATMENTS

The Power of Three 90min R 790

This 90-minute powerful combination is a tailor-made skin treatment including facial peel, dermaplaning and Dermalux LED phototherapy

Facial Peel Therapy 60min R 690

The 60-minute facial peel therapy includes a chemical peel, serum and mask infusion with bt-micro addressing concerns of ageing, hyperpigmentation, and acne.

Dermalux LED & Peel Therapy 60min R 790

The peel and Dermalux combination will instantly restore vitality and glow. Proven to boost collagen production, increase hydration, calm redness and irritation and treat blemish-causing bacteria.

Dermaplaning & Facial Peel Therapy 60min R 690

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant, and perfectly primed for either Lacti-Firm or Beta peel plus application.

SKIN TREATMENT ADD-ON MENU

***Available when booking a skin treatment**

Dermalux LED Therapy 20min R 150 Without Skin Treatment 30min R 300

Dermalux LED Phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime. Dermalux can be combined with your facial treatment to enhance and accelerate results.

Dermaplaning R 200 Without Skin Treatment R 300

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant, and perfectly primed for a facial or peel.

TREATMENTS FOR HIM

Facial Treatment

Please refer to our facial section at the top of the menu.

Gents facial treatments include a brow trim, ear & nose wax.

Gents must please arrive pre-shaved.

Classic Men's Manicure R 220

Exfoliation, cuticle work, buff, file & hand massage

Classic Men's Pedicure R 250

Exfoliation, cuticle work, buff, file, hard skin removal & foot massage,

LASH & BROW BAR

Brow shape & wax R 70
 Brow shape, wax & tint R 150
 Brow tint R 80
 Lash Tint R 90
 Lash & Brow Tint R 160
 Lash Lift incl. Lash Tint R 450

WAX HAIR REMOVAL

Removal of unwanted hair using hot or cold wax

Brow/Lip/Chin/Nose/Ear (each)	R 70
Full Face (excl. nose)	R 220
Under Arms	R 130
½ Arm	R 140
Full Arm	R 180
½ Leg / ¾ leg	R190 / R250
Full Leg (Excl. bikini line)	R 280
Back/Chest Wax (each)	R 260
Bikini (anything outside bikini line)	R 140
G-String (just inside the bikini line)	R 200
Brazilian (everything except the "landing strip")	R 230
Hollywood (everything)	R 270

PERMANENT AND SEMI-PERMANENT HAIR REMOVAL

IPL (Intense Pulsed Light)

This treatment provides semi-permanent hair removal of dark, unwanted body facial hair.

Lip/Chin	R 200
Full Face	R 700
Under Arms	R 400
½ Leg / ¾ leg	R1400/R1600
Full Leg (excl. bikini line)	R 1800
Back/Chest (each)	R 2400
Bikini (anything outside bikini line)	R 400
G-String (just inside the bikini line)	R490
Brazilian (everything except the "landing strip")	R850
Hollywood (everything.)	R 900

ELECTROLYSIS (5 min)	R 380
Needle	R 65

During electrolysis hair removal a thin insulated probe is inserted into the hair follicle and removing unwanted hair by permanently killing the hair root with an electric current.

HAND & FOOT TREATMENTS

MANICURES

Classic	R 290
Hand soak, exfoliation, cuticle work, buff, file, paint & hand massage	

Gel-Manicure	R 380
Classic Manicure including long lasting Gel Polish application	

Nourished hand treatment	R 360
Classic Manicure including paraffin wax dip	

PEDICURES – please wear open shoes for toenails

Classic	R 330
Exfoliation, cuticle work, buff, file, hard skin removal, paint & foot massage	

Gel-Pedicure	R 420
Classic Pedicure including long lasting Gel Polish application	

Footlogix Medi-Pedi	R 440
Medical pedicure includes soak, exfoliate, cuticle work, buff, file, hard skin removal with the specialized callus softer, rejuvenating foot mousse & relaxing foot massage.	

EXPRESS MANICURES / PEDICURES

Express Manicure	R 220
Cuticle work and nail paint.	

Express Pedicure	R 240
Cuticle work and nail paint.	

HAND & FOOT TREATMENTS CONTINUE

GEL POLISH – Long lasting, requires soak off to remove (excludes manicure or pedicure)

Application for hands	R 300
Cuticle work, buff, file & long-lasting Gel Polish application	

Application for feet	R 320
Cuticle work, buff, file & long-lasting Gel Polish application	

Soak off & Tidy	R 150
Removal of gel polish, cuticle work, buff & file	

Add-On Soak Off	R 100
**only applicable when booking a soak off with re-application	

BODY THERAPIES

Swedish massage techniques are used to improve circulation, soothe tense muscles, and encourage relaxation. (Soft, medium, or deep pressure) **All massages are ended off with a scalp massage**

Aqua Spa Signature 90min R 720

Experience ultimate relaxation with our signature combination of a Full Body Massage, Indian Head Massage and Hot Stone touch.

Swedish Back, Neck & Shoulder 45min R 500

Swedish Back Neck & Shoulder 60min R580

incl. Bellabaci Cupping or Hot Stone touch

Swedish Full Body 60min R 560

incl. Bellabaci Cupping or Hot Stone touch

Indian Head Massage 30min R 360

Deeply relaxing neck, shoulder, scalp & facial massage to ease muscle tension

CBD Infused Back Neck & Shoulder 45min R 580

CBD Infused Back Neck & Shoulder 60min R 620

Enjoy ultimate relaxation with our CBD infused massage, designed to decrease pain and inflammation. This massage can offer anti-anxiety and pain relief. TCH Free and 100% legal.

Full Body Exfoliation 20min R 250

Slough off dead skin cells to reveal radiant, glowing skin and application of nourishing body butter.

HEALTH & WELLNESS

Quantum Health Analysis

s a state-of-the-art diagnostic tool that utilizes quantum physics principles to scan and assess the body's various systems and organs.

Screening	15min R 250
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Health scan for important body systems and organs.



CONTACT US

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📷 Aqua Spa & Skin

🌐 www.aquaspa.co.za

TRADING HOURS

Monday: 09:00 - 15:00
Tuesday - Friday: 08:30 - 16:30
Saturday: 09:00 - 14:00
Sunday: Closed
Public Holidays: Closed (STC)

SPA ETTIQUETTE

- Vouchers are available for all treatments including Monthly promotions and products.
- A 50% non-refundable confirmation deposit is required to confirm bookings
- Appointments to be re-scheduled at least 8 working hours prior to treatment to avoid penalty fees
- Please arrive 15 minutes prior to scheduled time; late arrival will result in reduced treatment time
- An age restriction of 13 years is applicable to all treatments
- Prices valid till end March 2025

WE PROVIDE:

- Expert skincare & advice
- Medical skin treatments
- Luxurious body massages
- Sensational hand & foot treatments
- A variety of hair removal options

At Aqua Spa & Skin we believe in providing our clients with only the best in professional treatments and product selection. Let our highly skilled staff accompany & guide you on your journey to more youthful, radiant skin and improved well-being. Experience serene tranquillity at our various locations where treatments can be hand-picked to address your specific concerns and help you escape the busyness of everyday life.