

FACIAL TREATMENTS

Maintain results post-treatment with a tailored made facial treatment plan and your take-home prescription.

Options Available:

Calm | **Hydrate** | **Anti-Ageing** | **Clear** | **Pigmentation**

Express Facial **30min R355**

The Express Facial treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums that can be given in as little as 30 minutes.

Expert Facial **60min R710**

This high-performance facial is the ultimate customised treatment to relax, replenish and deeply rejuvenate your skin.

Your Aqua Spa therapist will begin by conducting a skin assessment to establish your concerns and recommend a tailor-made facial. During your facial potent, active ingredients are infused into the skin to help correct and transform imperfections.

Expert Active **60min R860**

60-minute chemical peel and facial hybrid provides a guaranteed boost to your skin whilst addressing concerns of ageing, hyperpigmentation, and acne.

Dermalux LED Facial Therapy

Get Ready To Glow! Dermalux LED Phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime.

From the first treatment, Dermalux instantly boosts the complexion to restore vitality and glow. Proven to boost collagen production, increase hydration, calm redness and irritation and treat blemish-causing bacteria.

Dermalux: Single Session **R400**

Tailored to your skin concerns using red, blue, near-infrared light or a combination of all.

Dermalux: Course Of 6 Sessions **R1800**

Delivered over 3 weeks - 2 sessions per week, ideal for low-level acne or mild redness.

Dermalux: Course Of 12 Sessions **R3000**

Intensive protocol performed over 6 weeks - twice weekly. The best solution to treat severe acne, rosacea and ageing.

Dermaplaning **R300**

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant and perfectly primed for a facial or peel.

Face Mapping **60min R265**

A professional skin analysis by one of our skin experts to determine the best course of treatment for your skin. Includes cleanse, exfoliation, moisturiser and sunblock application

FACIAL ADD-ON MENU

Only available when booking a facial treatment

Dermalux LED Therapy **20min R200**

Dermalux LED Phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime. Dermalux can be combined with your facial treatment to enhance and accelerate results.

Dermaplaning **R150**

Dermaplaning is a physical exfoliating technique that uses a modified scalpel-like blade to gently remove dead skin cells and fine hair from the face. This painless process leaves the skin instantly smoother, more radiant and perfectly primed for a facial or peel.

Bellabaci Facial Cupping **15min R50**

Relieves sinus congestion, under eye bags, dark circles & headaches, it also restores facial resilience & promotes anti-ageing

Lash & Brow Tint **R127**

Brow/Lip/Nose/Ear/Chin Wax each **R40**

Classic Manicure **60min R190**

Exfoliation, cuticle work, buff, file, paint & hand massage

Classic Pedicure **60min R220**

Exfoliation, cuticle work, buff, file, hard skin removal, paint & foot massage

Full Body Exfoliation **15min R180**

Slough off dead skin cells to reveal radiant, glowing skin

Back Exfoliation **R45**

Foot/Hand Massage each **15min R110**

AESTHETIC & MEDICAL TREATMENTS

Pepita Microdermabrasion **R75 p/min**

a micro-crystal skin exfoliation process to polish off dead, dull skin cells, leaving skin instantly smooth & radiant
***available at selected branches**

Dermapen (Microneedling)

Microfine surgical needles pierce the skin to stimulate the body's natural wound healing ability which increases skin cell turnover and the production of stronger collagen and elastin. It also allows 80% more absorption of topical serums to target ageing, pigmentation, acne and wound healing

Face / Décolleté **R1 500**

Face & Neck **R1 800**

Target Area **R900**

AESTHETIC & MEDICAL TREATMENTS (Continue)

Fractional Non-Ablative Laser **R20 p/shot**

Pulses of energy is supplied deep into the skin targeting pigment & renewing collagen to firm skin and stimulate further production of collagen and elastin. No down time is require

IPL (Intense Pulsed Light) **SQ**

Designed to target redness caused by a weakened vascular system, treats uneven pigment and signs of ageing such as wrinkles and compromised skin elasticity. This treatment also provides semi-permanent hair removal of dark, unwanted body and facial hair

Lamprobe **SQ**

A non-surgical treatment to remove non-malignant epidermal lesions such as cholesterol deposits, skin tags, cherry naevi and coarse facial veins to create flawless skin

Chemical Peels **SQ**

Treating conditions such as acne, ageing, rough skin texture, and uneven colour. Providing healthier and more radiant skin

Botox and Fillers* **SQ**

To compliment your skincare treatments and address signs of ageing.
***Subject to availability**

TREATMENTS FOR HIM

Facial Treatment

Please refer to our facial section at the top of the menu.
Gents facial treatments include a brow trim, ear & nose wax

Classic Men's Manicure **45min R180**

Exfoliation, cuticle work, buff, file & hand massage

Classic Men's Pedicure **45min R227**

Exfoliation, cuticle work, buff, file, hard skin removal & foot massage

LASH & BROW BAR

TINTING – Colouring of eyebrow + eyelash hair

Brow Tint **R80**

Lash Tint **R90**

Lash & Brow Tint **R160**

Lash Lift incl. Lash Tint **R450**

LASH EXTENSIONS

Classic Lash Extentions **R300**

2 Weeks fill **R150**

3 Weeks fill **R200**

Removal **R120**

HAIR REMOVAL

WAXING – Removal of unwanted hair using hot or cold wax

Brow/Lip/Chin/Nose/Ear each	R63
Full Face (excl. nose)	R217
Under Arms	R116
½ Arm	R127
Full Arm	R170
½ Leg / ¾ leg	R180 / R206
Full Leg (excl. bikini line)	R238
Back/Chest Wax each	R238
Bikini (anything outside bikini line)	R127
G-String (just inside the bikini line)	R180
Brazilian (everything except the "landing strip")	R227
Hollywood (everything.)	R275

HAND & FOOT TREATMENTS

MANICURES

Express – For an on-the-go tidy	30min R180
Cuticle work, buff, file & paint	
Classic – For the full pamper	60min R238
Exfoliation, cuticle work, buff, file, paint & hand massage	
Gel-Polish	75min R344
Classic Manicure including long lasting Gel Polish application	

PEDICURES

Express – For an on-the-run tidy	30min R206
Cuticle work, buff, file & paint	
Classic – For the full pamper	60min R286
Exfoliation, cuticle work, buff, file, hard skin removal, paint & foot massage	
Medi-Heel – Chemical Peel for your feet	60min R355
Classic Pedicure including Medi-Heel Tonic hard skin removal	
Gel-Polish	75min R365
Classic Pedicure including long lasting Gel Polish application	
Add-On Paraffin Wax Dip	15min R80

GEL POLISH – Long lasting, requires soak off to remove

Application for hands / feet	60min R275
Cuticle work, buff, file & long lasting Gel Polish application	
Soak Off & Tidy	30min R127
Removal of gel polish, cuticle work, buff & file	
Add-On Soak Off	15min R90
**only applicable when booking a soak off with re-application	
Nail Art (glitter/stamping)	R5 p/item

BODY THERAPIES

Swedish massage techniques are used to improve circulation, soothe tense muscles and encourage relaxation. (Soft, medium or deep pressure) **All massages are ended off with a scalp massage**

Swedish Back, Neck & Shoulder	30min R400
Swedish Back, Neck & Shoulder	45min R470
Swedish Back Neck & Shoulder	60min R530
incl. Bellabaci Cupping	
Swedish Full Body	60min R530
Swedish Back of Body	60min R530
Indian Head Massage	30min R340
Deeply relaxing neck, shoulder, scalp & facial massage to ease muscle tension	
Aqua Spa Signature	90min R680

Experience ultimate relaxation with our signature combination of a Full Body Massage, Indian Head Massage and Hot Stone touch

Foot or Hand or Scalp	20min R170
Add-On Hot Stones	R70

Heated Basalt stones release stress and tension and increase blood flow

Add-On Bellabaci Cupping	R70
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Soft silicone suction cups are incorporated into your massage to boost blood & lymph circulation, to aid in healing, detoxing, pain relief, and allows deeper penetration of Organic Bellabaci Genie

Full Body Exfoliation	20min R238
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Slough off dead skin cells to reveal radiant, glowing skin. Ended off with a nourishing body butter application

Full Body Scrub & Wrap (incl scalp massage)	45min R455
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A body polish leaves skin glowing while a nourishing wrap feeds the skin. This glowing combination is rounded off with a relaxing scalp massage

STOCKISTS OF

lamelle
Research Laboratories

dermalogica

RapidLash[®]
EYELASH AND EYEBROW ENHANCING SERUM

bellabaci[™]

.SKIN
cosmeceuticals

HELIOCARE

TRADING HOURS

Monday: 9h00 – 15h00
Tuesday – Friday: 9h00 – 17h00
Saturday: 9h00 – 14h00

Seasonal Trading Hours:
15 December – 10 January
Monday – Saturday: 08h00 – 18h00

Sunday: Closed
Public Holidays: Closed (STC)

SPA ETIQUETTE

- Vouchers are available for all treatments incl. Monthly Promotions and are valid for 3 months from date of purchase
- A 50% non-refundable confirmation deposit is required to confirm bookings
- Appointments to be re-scheduled at least 8 working hours prior to treatment to avoid penalty fees
- Please arrive 15 minutes prior to scheduled time; late arrival will result in reduced treatment time
- An age restriction of 13 years is applicable to all treatments
- Prices valid till end March 2022

CONTACT US

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 Aqua Spa & Skin

 0663037735



WE PROVIDE:

- Expert skincare & advice
- Medical skin treatments
- Luxurious body massages
- Sensational hand & foot treatments
- A variety of hair removal options

At Aqua Spa & Skin we believe in providing our clients with only the best in professional treatments and product selection. Let our highly skilled staff accompany & guide you on your journey to more youthful, radiant skin and improved well-being. Experience serene tranquillity at our various locations where treatments can be hand-picked to address your specific concerns and help you escape the busyness of everyday life.